



Update: Hunger Hike 2014

Every Step—Every Dollar—Makes a Difference

Hunger Hike is a Community Fundraising event whose mission is to *Raise Awareness & Make a Difference* in the *Fight Against Hunger* — locally, regionally, & globally.

Hunger Hike



HH5K Run

Saturday, September 20

8 a.m. – Cumberland Park, West Lafayette

Hunger Hike 3K Walk

Sunday, September 21

2 p.m. – Levee Plaza Lot, West Lafayette

Hike to Fight Hunger

- Donate Online
- Hunger Hike—3K Walk Registration
- HH5K Run Registration
- Support a Team
- Become a Sponsor

www.hungerhike.org



#HungerHike

Join Us in the Fight Against Hunger

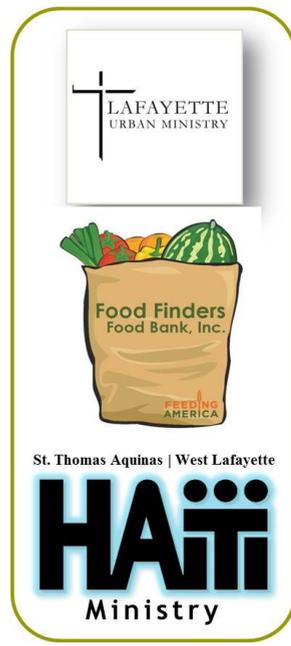
This year the Hunger Hike 2014 fundraising goal has been increased to **\$125,000**.

Revenue from Hunger Hike is divided each year among three hardworking organizations that fight each day in the battle against hunger and malnutrition – the food programs at Lafayette Urban Ministry, Food Finders Food Bank Inc., and the Haiti Ministry at St. Thomas Aquinas-the Catholic Center at Purdue.

With the additional funds raised this year, a few new initiatives will be possible. At LUM, the **St. John's/LUM Food Pantry will extend its hours and be open on Saturdays** in addition to its current operating hours during the week. Food Finders Food Bank will be able to expand its Mobile Pantry program to fight hunger when and where it is needed the most. St. Tom's Haiti Ministry will use the additional funds to further develop their pilot program of using seeds that will survive any weather conditions as well as expanding their water purification program.

A new "growth" fundraising goal will mean **more food will be purchased and distributed** to food pantries in mid-north Indiana; an increase in the number of hungry families & children served by the St. John's/LUM Food Pantry; and **more sustainable systems for growing food and having clean water in Haiti**.

Hunger Hike 2014 gives companies, organizations, families and individuals many ways to be a part of an event in our community with a tremendous positive impact on "Fighting Hunger. Go to www.hungerhike.org.



Facts about Hunger in USA & Haiti

In the United States of America...

- Not having access to enough food to sustain a healthy life is a reality for **one in six** Americans, including children and seniors.
- **Only 10%** of the client households are **homeless** and **36%** of households served had at least **one working adult**.
- According to the USDA, **16 million children are living in food-insecure households**. School lunch programs do help, but they don't solve the whole problem.
- **23% of the adults** interviewed during the Hunger Study have **attended college** or a technical school. Education is extremely important but sometimes it's just not enough.
- The lack of adequate nutrition affects the **cognitive and behavioral development** of children – as well as their physical growth.
- Children from food insecure, low-income households are more likely to experience **irritability, fatigue, and difficulty concentrating** compare to other children. This can make performing in school very difficult.
- According to the USDA, more than **three million rural households experience food insecurity** – that means they don't have dependable access to enough food to sustain a healthy life.
- According to the US Census Bureau, **poverty rates were highest among rural, non-metropolitan counties**, where it can be more difficult for food banks and emergency food assistance to support them.
- According to the USDA, limited resources prevented **49 million** Americans from getting enough food.

In Haiti...

- Haiti ranks **161 out of 187 countries** in the United Nations Human Development Index (HDI).
- Poverty, depletion of the environment and the limited capacity of the authorities to respond to a crisis means that **Haiti is highly vulnerable** to even moderate climatic shocks.
- **Three quarters** of Haitians **live on less than \$2 per day** and half of the population earns less than \$1 per day.
- Access to **education is low**, with illiteracy rates almost 50%.
- In rural areas, almost **90 percent live below the poverty level** and basic social services are practically nonexistent.
- Food insecurity is persistent in Haiti and today nearly a **third of the population is considered food insecure**; of these 600,000 need external food assistance to survive.
- Currently, **one in every 5 children** suffers from chronic malnutrition, 6.5% percent from acute malnutrition, while more than half of women and children suffer from anemia.



LUM Camp Counselors Needed



Few volunteer opportunities offer as much fulfillment as being a LUM Camp Counselor. LUM Camp Counselors are invaluable volunteers who...

- Spend the entire week (7/29 - 8/1) at camp serving as life guides and role models
- Assist and motivate campers whether they are trying to learn a new skill or have concerns about an issue or idea
- Are fun-loving, patient and genuinely concerned for the welfare and development of young people
- Help create a family environment that makes LUM Camp unique and special.

Past LUM Camp counselors often reflect that the benefits are numerous – the rewards of working with children, spending a week in the invigorating outdoor environment of Hanging Rock Christian Assembly Camp, and potentially gaining new skills and experiences. They also enjoy the camp songs, bonfire, camp food, and chapel. LUM simply could not offer LUM Camp without our talented and dedicated Volunteer Camp Counselors.

If this sounds like something for you — or someone you know — email or call Joe Micon (jmicon@lumserve.org | 765.423.2691). More info, click [HERE](#). You won't regret it!

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Questions or comments? E-mail or call us (enews@lumserve.org | 765-423-2691)



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